

TOSL Rules and Regulations

League Games

A. The age divisions formed by the League shall be as initiated and ratified by the Ontario Soccer Ages are to be computed as of January 1st in the current year .

B. The duration of all League and Cup Games will be as follows:

a. Under 13-14 2 X 40 Minutes

b. Under 15-18 2 X 45 Minutes

The half time intervals shall be 5 minutes.

C. A grace period of twenty minutes will be allowed for ALL games in the event that a team has less than seven players at the appointed kick-off time. The offending team shall default the game, be fined (See Appendix A) plus the applicable referee fees and the points will be awarded to the opposing team. In the event that both teams have less than seven players, no points will be awarded.

D. In the event a team has its compliment of players reduced to less than seven players during a game for whatever reason, the club will be subject to a fine (See Appendix A) and the game shall be forfeited.

E. Substitutions will be allowed only at a kick-off, goal kick, injury or your own throw-in (Piggybacking Allowed). The referee must be advised of all substitutions.

F. Home teams must ensure that corner flags and goal nets are in place for all games, at all age groups, prior to the scheduled kick-off time. Failure to comply will result in a fine. (See Appendix A)

G. The use of shin guards is mandatory at all ages for ALL GAMES. 5.

Team Roster

A. The Ontario Soccer Roster with minimum 11 players and team officials must be submitted by May 15. Teams that have not submitted their roster will be subject to a fine. (See Appendix A) Any change to the roster must be reported to the league by submitting an updated Ontario Soccer Roster. All changes, AFTER MAY 15, in team official(s) or player(s) must be reported within 5 business days of the change. Failure to comply will result in a fine. (See Appendix A)